

Come join S.T.A.R.T.



A JOB READINESS PROGRAM
 Provided by The Urban Justice
 Center



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12:00-1:30 Parents United	12:00-1:30 Opportunities for Success	11:00-1:00 Nuevo Camino	5:00-6:30 ESL	10:00-11:00 Everyday Speaking & Living 11:00-3:00 Body & Sole

Groups Start the week of 10/17/11 and End the week of 12/19/11

Parents United	This group interacts in a safe atmosphere fostering peer support via round table discussions on parenting and self discovery. The group explores attachment theory and “the holding environment” and how they impact intergenerational parenting styles.
Opportunities for Success	This group aims to assist clients in their career exploration by: discussing attitudes surrounding acquiring a job and/or entrepreneurship; equipping them with the skills to develop resumes, cover letters and business plans; assisting them in the job search and linking them to ongoing support from career counselors and financial advisors.
Nuevo Camino	<i>Este programa ofrece ayuda con buscando por trabajo, conectando con servicios sociales, y manejando su dinero.</i>
ESL	This group teaches English writing and conversational skills through exposing students to social services that are available to them in NYC. In addition, this group seeks to explore the processes of adaptation and assimilation.
Everyday Speaking & Living	This is an English conversation group for all levels that seeks to increase confidence in verbal expression with a focus on pronunciation and vocabulary acquisition.
Body & Sole	This group provides the clients with monitored exercise and nutritional awareness and encourages them to make healthier choices in their diets and lifestyles.

123 William Street
 16th Floor
 New York, NY 10038
 (718) 875-9400
 ext. 14
 Jermel Royal

Accessible by:
J,M,Z,2,3,4,5 To Fulton
Or
A,C to Broadway Nassau

**Exit near the 2 and 3 and you
 will be across the street from
 the building**